

BARRACUDA AQUATICS CLUB

Senior Team Championship Meet Guidelines

The following are Championship Meet Guidelines that Senior Team members must follow in order to represent Barracuda Aquatics Club and/or Blackline Aquatics at any championship meet. If there are circumstances that do not allow a swimmer to meet the guidelines below their coach must approve their participation at a championship meet that season. Any disciplinary action that is needed on the below items is entirely the decision of the coach.

All Senior Team Members....

- Must double suit for any practice
- Must wear only one suit at a regular season swim meet, however, it cannot be a "championship" suit
- Must compete in the minimum number of meets set forth at the beginning of each season in order to participate on any relays at our championship meets
- Must attend at least 70% of practices from the time the swimmer began their season
- Must have first practice be no later than the week of October 26th in order to compete at our championship meets
- When the coach requires it, must design their own coach approved pre-meet warm up, based upon the requirements set forth by their coach, to be used at all meets
- *Must attend the Finals session of any championship format meet if the swimmer qualifies as first alternate from the preliminaries following the scratch deadline unless notice and approval were given by the coach prior to the first day of the meet that the swimmer is unable to attend finals
- *Must participate in the finals session when qualified through the preliminaries following the scratch deadline unless notice and approval were given by the coach prior to the first day of the meet that the swimmer is unable to attend finals

15 & Older Senior Team Members only....

- Starting on the 5th week of each season the girls are not allowed to shave until the day prior to their championship meet
- Must shave for their championship meet(s)

*Note: *- Any disciplinary action that is needed on the these items is entirely the decision of the coach*

