

2023 WEST Express Fall Invite - 11/11/2023 to 11/12/2023

Meet Program - Sunday Afternoon 12 & Over

Event 42 Girls 12 & Over 200 Yard IM

Lane	Name	Age	Team	Seed Time
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Heat 1 of 7 Finals Starts at 01:30 PM

1				___
2	Benson, Claire	12	PRNH-MN	NT ___
3	Farrell, Meredith	12	PRNH-MN	NT ___
4	Campbell, Olivia	12	PRNH-MN	NT ___
5	Jensen, Elizabeth	12	RSC-MN	NT ___
6	Ridle Hoover, Dot	12	WEST-MN	NT ___
7				___
8				___

Heat 2 of 7 Finals Starts at 01:34 PM

1	Lemmon, Eily	12	WEST-MN	3:19.34 ___
2	Walter, Brynn	12	WEST-MN	3:12.28 ___
3	Pool, Ally	13	RSC-MN	3:07.57 ___
4	Patel, Mila	14	WEST-MN	3:06.88 ___
5	Segal, Sonia	12	RSC-MN	3:06.99 ___
6	Hanna, Amelia	13	RSC-MN	3:09.74 ___
7	Dziarko, Karyna	12	WEST-MN	3:17.50 ___
8	Mirau, Delaney	14	WEST-MN	3:20.00 ___

Heat 3 of 7 Finals Starts at 01:37 PM

1	Rader, Callie	12	SCSC-MN	3:05.91 ___
2	Oberg, Cate	13	HTSC-MN	3:01.54 ___
3	Yussen, Eleanor	14	PRNH-MN	2:56.27 ___
4	Milosevic, Mia	12	RSC-MN	2:54.96 ___
5	Mingo, Kayla	12	RSC-MN	2:55.99 ___
6	Kowalski, Izzy	12	SCSC-MN	3:00.08 ___
7	Juhl, Rory	12	SCSC-MN	3:04.55 ___
8	Kuttner, Greta	14	HTSC-MN	3:06.33 ___

Heat 4 of 7 Finals Starts at 01:41 PM

1	Sewick, Lola	12	SCSC-MN	2:52.84 ___
2	Cahill, Olivia	12	HURR-MN	2:50.15 ___
3	Smith, Brady	14	WEST-MN	2:49.84 ___
4	Schmidt, Nora	14	SCSC-MN	2:48.82 ___
5	Burkstrand, Celia	14	PRNH-MN	2:49.72 ___
6	Gurchak, Nora	13	HURR-MN	2:49.99 ___
7	Keller, Madilyn	12	RSC-MN	2:52.23 ___
8	Sorensen, Lucy	14	SCSC-MN	2:53.79 ___

Heat 5 of 7 Finals Starts at 01:44 PM

1	Mahowald, Bristow	13	HURR-MN	2:47.49 ___
2	Wang, Julia	14	RSC-MN	2:45.52 ___
3	Tonn, Annabelle	12	RSC-MN	2:44.47 ___
4	Wendlandt, Adley	13	HTSC-MN	2:43.72 ___
5	Vazac, Rebecca	12	SCSC-MN	2:44.10 ___
6	Njeru, Janet	13	RSC-MN	2:44.89 ___
7	Hudson, Ilse	14	WEST-MN	2:47.00 ___
8	Rondeau, Maddie	12	WEST-MN	2:48.05 ___

Heat 6 of 7 Finals Starts at 01:47 PM

1	Duffy, Reese	13	HURR-MN	2:42.70 ___
2	Dominguez, Ava	14	WEST-MN	2:41.22 ___
3	Fedorova, Kate	12	SCSC-MN	2:40.72 ___
4	Hellyer, Laney	13	SCSC-MN	2:38.78 ___
5	Schueth, Charlotte	14	PRNH-MN	2:39.33 ___
6	Hansen, Kaimbre Ann	13	RSC-MN	2:40.99 ___
7	Das, Subhangee	13	WEST-MN	2:42.69 ___
8	Stanek, Lauryn	13	SCSC-MN	2:43.50 ___

Heat 7 of 7 Finals Starts at 01:50 PM

1	Maley, Karley	13	RSC-MN	2:38.51 ___
2	Fedorova, Marie	14	SCSC-MN	2:32.04 ___
3	Lang, Sydney	16	WEST-MN	2:22.35 ___
4	Sanders, Neva	14	SCSC-MN	2:10.39 ___
5	Biebl, Alaina	15	SCSC-MN	2:11.10 ___
6	Mathiason, Maddie	12	SCSC-MN	2:25.99 ___
7	Lindquist, Laiken	13	RSC-MN	2:37.58 ___
8	Forys, Imogin	13	PRNH-MN	2:38.62 ___

Event 43 Boys 12 & Over 200 Yard IM

Lane	Name	Age	Team	Seed Time
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Heat 1 of 8 Finals Starts at 01:53 PM

1	Hanson, Will	12	PRNH-MN	NT ___
2	Johnson, Carter	16	HTSC-MN	NT ___
3	Schneider, Owen	14	WEST-MN	NT ___
4	Maki, Gavin	13	WEST-MN	NT ___
5	Larsen, Charlie	13	RSC-MN	NT ___
6	Beckler, Will	15	WEST-MN	NT ___
7	Ries, Lucas	12	NEP-MN	NT ___
8				___

Heat 2 of 8 Finals Starts at 01:57 PM

1	Rasmussen, Gavin	14	WEST-MN	NT ___
2	Burd, Cameron	12	WEST-MN	NT ___
3	Fischer, Wyatt	15	WEST-MN	NT ___
4	Renchin, Origal	13	HURR-MN	NT ___
5	Laun, Andrew	13	WEST-MN	NT ___
6	Ellis, Oisn	15	RSC-MN	NT ___
7	Janusz, Evan	12	PRNH-MN	NT ___
8	Storms, Logan	14	WEST-MN	NT ___

Heat 3 of 8 Finals Starts at 02:00 PM

1	Cagley, Connor	14	WEST-MN	4:06.14 ___
2	Quijano, Julian	12	SCSC-MN	3:39.11 ___
3	Pokladnik, Griffin	12	BAC-MN	3:23.79 ___
4	Sereno, Andres	12	RSC-MN	3:21.58 ___
5	Allshouse, Dylan	13	SCSC-MN	3:21.73 ___
6	Kuypers, Daniel	13	PRNH-MN	3:27.98 ___
7	Strege, Cam	14	SCSC-MN	3:45.00 ___
8	Matlock, Oliver	12	PRNH-MN	NT ___

Heat 4 of 8 Finals Starts at 02:04 PM

1	Friendshuh, Luke	12	BAC-MN	3:13.93 ___
2	Doverspike, Colin	12	SCSC-MN	3:04.26 ___
3	Hunke, Charles	12	HURR-MN	3:00.95 ___
4	Lindell, Roshan	12	WEST-MN	2:58.81 ___
5	Schmidt, Emmett	12	SCSC-MN	3:00.31 ___
6	Arcilla, Luca	12	HURR-MN	3:02.55 ___
7	Zielke, Hudson	12	HURR-MN	3:10.21 ___
8	Sanchez, Adrian	12	WEST-MN	3:17.80 ___

Heat 5 of 8 Finals Starts at 02:08 PM

1	McKimm, Leyton	12	RSC-MN	2:54.99 ___
2	McElwain, Alex	13	SCSC-MN	2:50.02 ___
3	Coleman, Cade	12	RSC-MN	2:47.10 ___
4	Melquist, Eli	12	WEST-MN	2:38.73 ___
5	Mathiason, Evan	12	SCSC-MN	2:38.89 ___
6	Zeruhn, Pascal	13	SCSC-MN	2:47.51 ___
7	Foster, Will	13	SCSC-MN	2:51.89 ___
8	Holtan, Silas	16	PRNH-MN	2:57.63 ___

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Heat 6 Finals (#43 Boys 12 & Over 200 Yard IM)

1	Alarcon, Alex	14 HURR-MN	2:37.97	___
2	Dell'Anna, Paolo	14 SCSC-MN	2:37.08	___
3	Avery, Jackson	14 SCSC-MN	2:35.84	___
4	Schoenberger, Andon	15 WEST-MN	2:32.34	___
5	Biebl, Ryese	13 SCSC-MN	2:33.47	___
6	Gulati, Maitrey	13 WEST-MN	2:35.96	___
7	Polasky, Jacob	12 SCSC-MN	2:37.57	___
8	Larson, Colton	15 SCSC-MN	2:38.71	___

Heat 7 of 8 Finals Starts at 02:14 PM

1	Lerch, Avery	13 SCSC-MN	2:30.66	___
2	Downing, Henry	16 PRNH-MN	2:27.54	___
3	Huynh, Carson	14 SCSC-MN	2:24.33	___
4	Schmidt, Leo	14 SCSC-MN	2:22.72	___
5	Boorjian, Will	15 RSC-MN	2:22.94	___
6	Miller, Parker	13 SCSC-MN	2:26.50	___
7	Fauzie, Oliver	13 WEST-MN	2:30.53	___
8	Brennom, Noah	15 PRNH-MN	2:31.26	___

Heat 8 of 8 Finals Starts at 02:17 PM

1	Holm, Ethan	15 PRNH-MN	2:21.45	___
2	Oberg, Eric	16 HTSC-MN	2:20.11	___
3	Espinosa, Lucien	13 SCSC-MN	2:18.23	___
4	McElwain, Grant	15 SCSC-MN	2:12.77	___
5	Njeru, John	17 RSC-MN	2:17.72	___
6	Friendshuh, Alex	14 BLA-MN	2:19.14	___
7	Njeru, Paul	17 RSC-MN	2:20.91	___
8	Roy, Milo	16 PRNH-MN	2:22.23	___

Event 44 Girls 12 & Over 50 Yard Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 5 Finals Starts at 02:20 PM

1	Kothari, Nandani	12 WEST-MN	NT	___
2	Schwei, Maisie	12 WEST-MN	43.32	___
3	Chinander, Brooke	14 WEST-MN	41.15	___
4	Johnson, Eloise	12 HURR-MN	37.52	___
5	Sevald, Eva	12 WEST-MN	37.58	___
6	Zeman, Simran	12 HURR-MN	42.44	___
7	Ali, Iqra	12 WEST-MN	51.72	___
8				___

Heat 2 of 5 Finals Starts at 02:21 PM

1	Ridlehoover, Dot	12 WEST-MN	36.24	___
2	Segal, Sonia	12 RSC-MN	34.92	___
3	Benson, Claire	12 PRNH-MN	34.53	___
4	Bresnahan, Aubrey	12 WEST-MN	33.97	___
5	Scott, Larcom	13 PRNH-MN	34.45	___
6	Moore, Elise	12 SCSC-MN	34.85	___
7	Cahill, Abby	13 HURR-MN	35.15	___
8	Rodriguez, Gabriella	13 WEST-MN	36.29	___

Heat 3 of 5 Finals Starts at 02:22 PM

1	Bronczyk, Lauren	12 WEST-MN	33.33	___
2	Mirau, Delaney	14 WEST-MN	32.75	___
3	Abudayyeh, Sarah	13 RSC-MN	32.46	___
4	Lei, Emily	13 HURR-MN	31.28	___
5	Forys, Imogin	13 PRNH-MN	31.94	___
6	Frogner, Zoey	12 PRNH-MN	32.72	___
7	Kallop, Zoe	12 WEST-MN	32.92	___
8	Totman, Kaycee	13 WEST-MN	33.46	___

Heat 4 of 5 Finals Starts at 02:23 PM

1	Schreiber, Katharine	14 WEST-MN	31.13	___
2	Burkstrand, Celia	14 PRNH-MN	30.48	___
3	Kirchoff, Emily	13 SCSC-MN	29.82	___
4	Njeru, Janet	13 RSC-MN	29.73	___
5	Bystrzycki, June	14 SCSC-MN	29.74	___
6	Proman, Kayla	12 HURR-MN	30.30	___
7	Brockman, Kenzie	12 RSC-MN	30.85	___
8	Oberg, Cate	13 HTSC-MN	31.20	___

Heat 5 of 5 Finals Starts at 02:24 PM

1	Sweetser, Kate	17 RSC-MN	28.10	___
2	Bystrzycki, Lillian	12 SCSC-MN	27.42	___
3	Lang, Sydney	16 WEST-MN	26.66	___
4	McCormick, Mary	17 SCSC-MN	25.23	___
5	Sabol, Sydney	16 WEST-MN	26.46	___
6	Tardia, Maika	15 WEST-MN	26.90	___
7	Maley, Karley	13 RSC-MN	27.81	___
8	Kissinger, Lauren	13 SCSC-MN	28.99	___

Event 45 Boys 12 & Over 50 Yard Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 7 Finals Starts at 02:25 PM

1				___
2				___
3	Hemann, Brandon	13 WEST-MN	NT	___
4	Ellis, Oisín	15 RSC-MN	42.35	___
5	Neumann, Gus	12 SCSC-MN	42.51	___
6				___
7				___
8				___

Heat 2 of 7 Finals Starts at 02:26 PM

1				___
2	Holland, Nicholas	13 WEST-MN	39.65	___
3	Toth, Daxtyn	13 WEST-MN	37.26	___
4	Quijano, Julian	12 SCSC-MN	36.86	___
5	Band, Noah	12 WEST-MN	37.02	___
6	VanThorre, Henri	12 PRNH-MN	38.75	___
7	Huang, Cheston	12 WEST-MN	42.29	___
8				___

Heat 3 of 7 Finals Starts at 02:27 PM

1	Chinander, Brayden	12 WEST-MN	35.29	___
2	Nord, Oliver	12 RSC-MN	34.86	___
3	Hanberg, Sebastian	12 WEST-MN	34.01	___
4	Fitzgerald, Nicholas	14 BLA-MN	33.66	___
5	Rasmussen, Gavin	14 WEST-MN	33.81	___
6	Phelan, Eli	12 RSC-MN	34.62	___
7	Ballard, Zak	12 RSC-MN	35.00	___
8	Govenat, William	13 PRNH-MN	36.71	___

Heat 4 of 7 Finals Starts at 02:28 PM

1	Rain, Ethan	14 WEST-MN	31.08	___
2	Pottapu, Kashyap	14 HURR-MN	30.82	___
3	Havlicek, Carter	13 BLA-MN	30.64	___
4	Vaynberg, Michael	14 HURR-MN	30.39	___
5	Corris, Isaiah	14 PRNH-MN	30.51	___
6	Dominguez, Luis	13 HURR-MN	30.72	___
7	Jones, Avery	14 WEST-MN	31.07	___
8	Reichow, Brennan	12 WEST-MN	33.10	___

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Heat 5 Finals (#45 Boys 12 & Over 50 Yard Freestyle)

1	Currie, Gabe	14	WEST-MN	30.34	___
2	Mornard, Asher	12	WEST-MN	29.77	___
3	Storms, Logan	14	WEST-MN	29.22	___
4	Pleis, Connor	14	WEST-MN	28.28	___
5	Hirner, Nic	12	WEST-MN	28.51	___
6	Grovender, Thomas	13	HURR-MN	29.26	___
7	Espeseth, Blake	13	RSC-MN	30.12	___
8	Winskowski, Ian	12	HURR-MN	30.38	___

Heat 6 of 7 Finals Starts at 02:30 PM

1	White, Collin	15	WEST-MN	27.35	___
2	Kovic, Noah	17	WEST-MN	26.97	___
3	Barnett, Mason	14	RSC-MN	26.23	___
4	Boorjian, Will	15	RSC-MN	25.87	___
5	Swanson, Noah	15	WEST-MN	26.09	___
6	Sanchez, Adrian	12	WEST-MN	26.93	___
7	Vega, Matias	16	RSC-MN	26.99	___
8	Downing, Henry	16	PRNH-MN	27.74	___

Heat 7 of 7 Finals Starts at 02:30 PM

1	Robinson, Alex	17	RSC-MN	24.73	___
2	Pana, Ayden	15	WEST-MN	24.36	___
3	Gustafson, Nick	17	RSC-MN	24.03	___
4	Argue, Simon	18	RSC-MN	23.23	___
5	Kvam, Sam	15	WEST-MN	23.86	___
6	Tollefson, Neil	17	RSC-MN	24.27	___
7	Burd, Ethan	15	WEST-MN	24.63	___
8	Lindeen, Sam	16	BLA-MN	25.85	___

Event 46 Girls 12 & Over 200 Yard Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 3 Finals Starts at 02:31 PM

1	Campbell, Olivia	12	PRNH-MN	NT	___
2	Hanish, Taylor	13	WEST-MN	3:45.41	___
3	Lemmon, Eily	12	WEST-MN	3:30.73	___
4	Kowalski, Izzy	12	SCSC-MN	3:30.00	___
5	Juhl, Rory	12	SCSC-MN	3:30.00	___
6	Kallop, Zoe	12	WEST-MN	3:37.09	___
7	Sabo, Lily	12	HURR-MN	3:48.84	___
8	Yussen, Eleanor	14	PRNH-MN	NT	___

Heat 2 of 3 Finals Starts at 02:35 PM

1	Walter, Brynn	12	WEST-MN	3:15.74	___
2	Moore, Elise	12	SCSC-MN	3:14.40	___
3	Wang, Julia	14	RSC-MN	3:11.84	___
4	Burkstrand, Celia	14	PRNH-MN	3:08.13	___
5	Hansen, Kaimbre Ann	13	RSC-MN	3:08.72	___
6	Vazac, Rebecca	12	SCSC-MN	3:12.52	___
7	Abudayyeh, Sarah	13	RSC-MN	3:15.18	___
8	Stanek, Lauryn	13	SCSC-MN	3:20.00	___

Heat 3 of 3 Finals Starts at 02:39 PM

1	Keller, Madilyn	12	RSC-MN	3:06.95	___
2	Cahill, Olivia	12	HURR-MN	3:00.99	___
3	Hellyer, Laney	13	SCSC-MN	2:54.65	___
4	Sanders, Neva	14	SCSC-MN	2:25.90	___
5	Tonn, Annabelle	12	RSC-MN	2:49.14	___
6	Lindquist, Laiken	13	RSC-MN	2:56.57	___
7	Gurchak, Nora	13	HURR-MN	3:03.32	___
8	Milosevic, Mia	12	RSC-MN	3:07.41	___

Event 47 Boys 12 & Over 200 Yard Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 6 Finals Starts at 02:42 PM

1				___	
2				___	
3	Littlefield, Owen	12	WEST-MN	NT	___
4	Gutierrez, Luke	14	BLA-MN	NT	___
5	Melquist, Eli	12	WEST-MN	NT	___
6				___	
7				___	
8				___	

Heat 2 of 6 Finals Starts at 02:46 PM

1				___	
2	Rain, Ethan	14	WEST-MN	NT	___
3	Kuypers, Daniel	13	PRNH-MN	3:51.76	___
4	Sereno, Andres	12	RSC-MN	3:35.99	___
5	Doverspike, Colin	12	SCSC-MN	3:37.81	___
6	Reichow, Brennan	12	WEST-MN	NT	___
7	Oberg, Eric	16	HTSC-MN	NT	___
8				___	

Heat 3 of 6 Finals Starts at 02:50 PM

1	Burd, Cameron	12	WEST-MN	3:33.16	___
2	Pottapu, Kashyap	14	HURR-MN	3:28.27	___
3	Matlock, Oliver	12	PRNH-MN	3:17.32	___
4	Zeruhn, Pascal	13	SCSC-MN	3:15.00	___
5	Hougas, Bryson	12	WEST-MN	3:15.13	___
6	Schneider, Owen	14	WEST-MN	3:18.33	___
7	Allshouse, Dylan	13	SCSC-MN	3:32.49	___
8	Foster, Will	13	SCSC-MN	3:35.00	___

Heat 4 of 6 Finals Starts at 02:54 PM

1	Friendshuh, Luke	12	BAC-MN	3:11.95	___
2	Roy, Milo	16	PRNH-MN	3:09.93	___
3	Schmidt, Emmett	12	SCSC-MN	3:00.89	___
4	Huynh, Carson	14	SCSC-MN	2:54.49	___
5	Foy, Colin	15	HURR-MN	2:55.18	___
6	Kovic, Noah	17	WEST-MN	3:09.08	___
7	Vaynberg, Michael	14	HURR-MN	3:10.99	___
8	Hunke, Charles	12	HURR-MN	3:13.29	___

Heat 5 of 6 Finals Starts at 02:58 PM

1	Lee, Joshua	13	WEST-MN	2:50.92	___
2	Larson, Colton	15	SCSC-MN	2:50.00	___
3	Arcilla, Luca	12	HURR-MN	2:48.48	___
4	Dell'Anna, Paolo	14	SCSC-MN	2:44.76	___
5	Coleman, Caleb	14	RSC-MN	2:46.61	___
6	Fauzie, Oliver	13	WEST-MN	2:48.63	___
7	Brennom, Noah	15	PRNH-MN	2:50.01	___
8	Biebl, Ryese	13	SCSC-MN	2:54.12	___

Heat 6 of 6 Finals Starts at 03:01 PM

1	Jolstad, Koen	13	HURR-MN	2:42.40	___
2	Friendshuh, Alex	14	BLA-MN	2:37.99	___
3	Miller, Parker	13	SCSC-MN	2:33.88	___
4	Holm, Ethan	15	PRNH-MN	2:28.47	___
5	Guenin, Tyler	16	BLA-MN	2:31.20	___
6	Njeru, John	17	RSC-MN	2:35.80	___
7	Njeru, Paul	17	RSC-MN	2:42.14	___
8	Schmidt, Leo	14	SCSC-MN	2:43.17	___

2023 WEST Express Fall Invite - 11/11/2023 to 11/12/2023

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Event 48 Girls 12 & Over 100 Yard Backstroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 6 Finals Starts at 03:04 PM				
1	Ali, Iqra	12	WEST-MN	NT
2	Jensen, Elizabeth	12	RSC-MN	NT
3	Schwei, Maisie	12	WEST-MN	2:17.95
4	Zeman, Simran	12	HURR-MN	1:46.40
5	Kothari, Nandani	12	WEST-MN	2:09.20
6	Chinander, Brooke	14	WEST-MN	2:29.49
7	Johnson, Eloise	12	HURR-MN	NT
8	Rodriguez, Gabriella	13	WEST-MN	NT
Heat 2 of 6 Finals Starts at 03:07 PM				
1	Sabo, Lily	12	HURR-MN	1:44.88
2	Hanish, Taylor	13	WEST-MN	1:40.81
3	Cahill, Abby	13	HURR-MN	1:38.91
4	Patel, Mila	14	WEST-MN	1:33.11
5	Segal, Sonia	12	RSC-MN	1:36.46
6	Scott, Larcom	13	PRNH-MN	1:39.12
7	Dziarko, Karyna	12	WEST-MN	1:43.67
8	Sevald, Eva	12	WEST-MN	1:45.94
Heat 3 of 6 Finals Starts at 03:09 PM				
1	Bronczyk, Lauren	12	WEST-MN	1:32.70
2	Hudson, Ilse	14	WEST-MN	1:28.33
3	Frogner, Zoey	12	PRNH-MN	1:25.76
4	Schreiber, Katharine	14	WEST-MN	1:23.82
5	Bresnahan, Aubrey	12	WEST-MN	1:25.22
6	Totman, Kaycee	13	WEST-MN	1:27.13
7	Farrell, Meredith	12	PRNH-MN	1:31.56
8	Hanna, Amelia	13	RSC-MN	1:33.03
Heat 4 of 6 Finals Starts at 03:12 PM				
1	Brockman, Kenzie	12	RSC-MN	1:21.50
2	Mingo, Kayla	12	RSC-MN	1:21.15
3	Schmidt, Nora	14	SCSC-MN	1:18.69
4	Sorensen, Lucy	14	SCSC-MN	1:17.15
5	Proman, Kayla	12	HURR-MN	1:18.12
6	Dominguez, Ava	14	WEST-MN	1:18.82
7	Sewick, Lola	12	SCSC-MN	1:21.22
8	Rader, Callie	12	SCSC-MN	1:21.77
Heat 5 of 6 Finals Starts at 03:14 PM				
1	Kuttner, Greta	14	HTSC-MN	1:16.03
2	Fedorova, Kate	12	SCSC-MN	1:14.66
3	Wendlandt, Adley	13	HTSC-MN	1:14.18
4	Rondeau, Maddie	12	WEST-MN	1:12.60
5	Duffy, Reese	13	HURR-MN	1:12.70
6	Bystrzycki, Lillian	12	SCSC-MN	1:14.53
7	Lei, Emily	13	HURR-MN	1:14.88
8	Mahowald, Bristow	13	HURR-MN	1:16.05
Heat 6 of 6 Finals Starts at 03:15 PM				
1	Das, Subhangee	13	WEST-MN	1:12.09
2	Kissinger, Lauren	13	SCSC-MN	1:11.14
3	Sabol, Sydney	16	WEST-MN	1:09.94
4	Biebl, Alaina	15	SCSC-MN	58.95
5	Sweetser, Kate	17	RSC-MN	1:04.65
6	Mathiason, Maddie	12	SCSC-MN	1:10.06
7	Lang, Sydney	16	WEST-MN	1:11.86
8	Njeru, Janet	13	RSC-MN	1:12.18

Event 49 Boys 12 & Over 100 Yard Backstroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 9 Finals Starts at 03:17 PM				
1	Ries, Lucas	12	NEP-MN	NT
2	VanThorre, Henri	12	PRNH-MN	NT
3	Neumann, Gus	12	SCSC-MN	NT
4	Huang, Cheston	12	WEST-MN	2:19.86
5	Gutierrez, Luke	14	BLA-MN	NT
6	Govenat, William	13	PRNH-MN	NT
7	Ellis, Oisín	15	RSC-MN	NT
8	Hemann, Brandon	13	WEST-MN	NT
Heat 2 of 9 Finals Starts at 03:20 PM				
1	Hanson, Will	12	PRNH-MN	1:55.23
2	Holland, Nicholas	13	WEST-MN	1:51.70
3	Jones, Avery	14	WEST-MN	1:43.61
4	Mongin, Liam	12	PRNH-MN	1:40.57
5	Chinander, Brayden	12	WEST-MN	1:41.47
6	Toth, Daxtyn	13	WEST-MN	1:44.35
7	Janusz, Evan	12	PRNH-MN	1:52.64
8	Band, Noah	12	WEST-MN	2:04.57
Heat 3 of 9 Finals Starts at 03:23 PM				
1	Strege, Cam	14	SCSC-MN	1:39.85
2	Quijano, Julian	12	SCSC-MN	1:38.59
3	Lindell, Roshan	12	WEST-MN	1:36.52
4	Cagley, Connor	14	WEST-MN	1:30.35
5	Storms, Logan	14	WEST-MN	1:32.76
6	Ballard, Zak	12	RSC-MN	1:36.66
7	Littlefield, Owen	12	WEST-MN	1:38.69
8	Kuypers, Daniel	13	PRNH-MN	1:40.32
Heat 4 of 9 Finals Starts at 03:25 PM				
1	Laun, Andrew	13	WEST-MN	1:29.57
2	Nord, Oliver	12	RSC-MN	1:28.84
3	Fitzgerald, Nicholas	14	BLA-MN	1:25.83
4	Mornard, Asher	12	WEST-MN	1:25.33
5	Zielke, Hudson	12	HURR-MN	1:25.73
6	Hanberg, Sebastian	12	WEST-MN	1:26.98
7	Larsen, Charlie	13	RSC-MN	1:28.87
8	Pokladnik, Griffin	12	BAC-MN	1:29.79
Heat 5 of 9 Finals Starts at 03:27 PM				
1	Espeseth, Blake	13	RSC-MN	1:23.72
2	Havlicek, Carter	13	BLA-MN	1:23.03
3	Schmidt, Emmett	12	SCSC-MN	1:18.25
4	Grovender, Thomas	13	HURR-MN	1:16.46
5	Fischer, Wyatt	15	WEST-MN	1:16.74
6	McKimm, Leyton	12	RSC-MN	1:21.70
7	Phelan, Eli	12	RSC-MN	1:23.20
8	Renchin, Origal	13	HURR-MN	1:23.88
Heat 6 of 9 Finals Starts at 03:29 PM				
1	Schoenberger, Lucas	13	WEST-MN	1:15.40
2	Avery, Jackson	14	SCSC-MN	1:14.16
3	White, Collin	15	WEST-MN	1:13.14
4	Corris, Isaiah	14	PRNH-MN	1:12.25
5	Mathiason, Evan	12	SCSC-MN	1:12.50
6	Coleman, Cade	12	RSC-MN	1:13.76
7	Alarcon, Alex	14	HURR-MN	1:14.75
8	Maki, Gavin	13	WEST-MN	1:15.59

2023 WEST Express Fall Invite - 11/11/2023 to 11/12/2023

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Heat 7 Finals (#49 Boys 12 & Over 100 Yard Backstroke)

1	McElwain, Alex	13	SCSC-MN	1:11.70	___
2	Beckler, Will	15	WEST-MN	1:11.15	___
3	Currie, Gabe	14	WEST-MN	1:10.49	___
4	Hirner, Nic	12	WEST-MN	1:09.99	___
5	Sanchez, Adrian	12	WEST-MN	1:10.41	___
6	Polasky, Jacob	12	SCSC-MN	1:11.13	___
7	Winskowski, Ian	12	HURR-MN	1:11.62	___
8	Gulati, Maitrey	13	WEST-MN	1:11.99	___

Heat 8 of 9 Finals Starts at 03:33 PM

1	Hougas, Bryson	12	WEST-MN	1:09.21	___
2	Pleis, Connor	14	WEST-MN	1:08.75	___
3	Vega, Matias	16	RSC-MN	1:06.99	___
4	Holtan, Silas	16	PRNH-MN	1:05.94	___
5	Lee, Joshua	13	WEST-MN	1:06.10	___
6	Beliveau, Dylan	16	WEST-MN	1:08.67	___
7	Robinson, Alex	17	RSC-MN	1:09.00	___
8	Burd, Ethan	15	WEST-MN	1:09.51	___

Heat 9 of 9 Finals Starts at 03:35 PM

1	Schoenberger, Andon	15	WEST-MN	1:03.59	___
2	Johnson, Carter	16	HTSC-MN	1:02.80	___
3	Pana, Ayden	15	WEST-MN	1:01.15	___
4	Vesterby, Joe	17	RSC-MN	56.90	___
5	Kvam, Sam	15	WEST-MN	57.74	___
6	Argue, Simon	18	RSC-MN	1:02.17	___
7	Coleman, Caleb	14	RSC-MN	1:02.90	___
8	Barnett, Mason	14	RSC-MN	1:04.22	___

Event 50 Girls 12 & Over 100 Yard Freestyle

Lane	Name	Age	Team	Seed	Time
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Heat 1 of 9 Finals Starts at 03:36 PM

1					___
2	Kothari, Nandani	12	WEST-MN	2:14.25	___
3	Zeman, Simran	12	HURR-MN	1:44.66	___
4	Sabo, Lily	12	HURR-MN	1:24.09	___
5	Chinander, Brooke	14	WEST-MN	1:36.90	___
6	Ali, Iqra	12	WEST-MN	2:13.13	___
7					___
8					___

Heat 2 of 9 Finals Starts at 03:39 PM

1	Johnson, Eloise	12	HURR-MN	1:22.57	___
2	Cahill, Abby	13	HURR-MN	1:22.00	___
3	Abudayyeh, Sarah	13	RSC-MN	1:20.49	___
4	Bronczyk, Lauren	12	WEST-MN	1:19.28	___
5	Dziarko, Karyna	12	WEST-MN	1:20.16	___
6	Scott, Larcom	13	PRNH-MN	1:20.84	___
7	Rodriguez, Gabriella	13	WEST-MN	1:22.17	___
8	Sevald, Eva	12	WEST-MN	1:23.21	___

Heat 3 of 9 Finals Starts at 03:41 PM

1	Jensen, Elizabeth	12	RSC-MN	1:17.60	___
2	Mingo, Kayla	12	RSC-MN	1:17.14	___
3	Farrell, Meredith	12	PRNH-MN	1:16.91	___
4	Hanish, Taylor	13	WEST-MN	1:16.25	___
5	Lemmon, Eily	12	WEST-MN	1:16.39	___
6	Frogner, Zoey	12	PRNH-MN	1:17.10	___
7	Benson, Claire	12	PRNH-MN	1:17.54	___
8	Juhl, Rory	12	SCSC-MN	1:18.72	___

Heat 4 of 9 Finals Starts at 03:42 PM

1	Patel, Mila	14	WEST-MN	1:16.04	___
2	Campbell, Olivia	12	PRNH-MN	1:15.02	___
3	Mirau, Delaney	14	WEST-MN	1:13.34	___
4	Rader, Callie	12	SCSC-MN	1:13.11	___
5	Moore, Elise	12	SCSC-MN	1:13.22	___
6	Kowalski, Izzy	12	SCSC-MN	1:13.61	___
7	Bresnahan, Aubrey	12	WEST-MN	1:15.64	___
8	Ridlehoover, Dot	12	WEST-MN	1:16.24	___

Heat 5 of 9 Finals Starts at 03:44 PM

1	Oberg, Cate	13	HTSC-MN	1:12.41	___
2	Keller, Madilyn	12	RSC-MN	1:11.14	___
3	Kallop, Zoe	12	WEST-MN	1:10.68	___
4	Milosevic, Mia	12	RSC-MN	1:10.39	___
5	Hanna, Amelia	13	RSC-MN	1:10.66	___
6	Hansen, Kaimbre Ann	13	RSC-MN	1:10.82	___
7	Gurchak, Nora	13	HURR-MN	1:11.46	___
8	Totman, Kaycee	13	WEST-MN	1:12.95	___

Heat 6 of 9 Finals Starts at 03:45 PM

1	Vazac, Rebecca	12	SCSC-MN	1:08.73	___
2	Lei, Emily	13	HURR-MN	1:08.57	___
3	Brockman, Kenzie	12	RSC-MN	1:08.17	___
4	Schreiber, Katharine	14	WEST-MN	1:07.69	___
5	Stanek, Lauryn	13	SCSC-MN	1:07.81	___
6	Kuttner, Greta	14	HTSC-MN	1:08.23	___
7	Yussen, Eleanor	14	PRNH-MN	1:08.60	___
8	Cahill, Olivia	12	HURR-MN	1:09.89	___

Heat 7 of 9 Finals Starts at 03:47 PM

1	Hudson, Ilse	14	WEST-MN	1:06.34	___
2	Pool, Ally	13	RSC-MN	1:05.54	___
3	Tonn, Annabelle	12	RSC-MN	1:05.26	___
4	Schueth, Charlotte	14	PRNH-MN	1:04.99	___
5	Kirchoff, Emily	13	SCSC-MN	1:05.13	___
6	Smith, Brady	14	WEST-MN	1:05.46	___
7	Mahowald, Bristow	13	HURR-MN	1:05.83	___
8	Dominguez, Ava	14	WEST-MN	1:06.91	___

Heat 8 of 9 Finals Starts at 03:48 PM

1	Wang, Julia	14	RSC-MN	1:04.68	___
2	Walter, Brynn	12	WEST-MN	1:04.32	___
3	Forys, Imogin	13	PRNH-MN	1:03.90	___
4	Rondeau, Maddie	12	WEST-MN	1:03.28	___
5	Wendlandt, Adley	13	HTSC-MN	1:03.78	___
6	Hellyer, Laney	13	SCSC-MN	1:04.25	___
7	Sewick, Lola	12	SCSC-MN	1:04.45	___
8	Bystrzycki, June	14	SCSC-MN	1:04.87	___

Heat 9 of 9 Finals Starts at 03:50 PM

1	Das, Subhangee	13	WEST-MN	1:01.84	___
2	Maley, Karley	13	RSC-MN	1:00.54	___
3	Tardia, Maika	15	WEST-MN	59.22	___
4	McCormick, Mary	17	SCSC-MN	53.05	___
5	Sabol, Sydney	16	WEST-MN	57.72	___
6	Mathiason, Maddie	12	SCSC-MN	1:00.27	___
7	Duffy, Reese	13	HURR-MN	1:01.45	___
8	Fedorova, Marie	14	SCSC-MN	1:02.46	___

2023 WEST Express Fall Invite - 11/11/2023 to 11/12/2023

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Event 51 Boys 12 & Over 100 Yard Freestyle

Lane	Name	Age	Team	Seed	Time
Heat 1 of 12 Finals Starts at 03:51 PM					
1					___
2					___
3	Gutierrez, Luke	14	BLA-MN	NT	___
4	Govenat, William	13	PRNH-MN	NT	___
5	Hemann, Brandon	13	WEST-MN	NT	___
6					___
7					___
8					___
Heat 2 of 12 Finals Starts at 03:53 PM					
1	Neumann, Gus	12	SCSC-MN	1:40.55	___
2	VanThorre, Henri	12	PRNH-MN	1:34.07	___
3	Janusz, Evan	12	PRNH-MN	1:28.70	___
4	Laun, Andrew	13	WEST-MN	1:24.08	___
5	Mongin, Liam	12	PRNH-MN	1:24.21	___
6	Holland, Nicholas	13	WEST-MN	1:32.71	___
7	Hanson, Will	12	PRNH-MN	1:35.90	___
8	Huang, Cheston	12	WEST-MN	1:41.30	___
Heat 3 of 12 Finals Starts at 03:55 PM					
1	Pokladnik, Griffin	12	BAC-MN	1:23.14	___
2	Band, Noah	12	WEST-MN	1:20.72	___
3	Ballard, Zak	12	RSC-MN	1:18.79	___
4	Phelan, Eli	12	RSC-MN	1:18.29	___
5	Reichow, Brennan	12	WEST-MN	1:18.69	___
6	Cagley, Connor	14	WEST-MN	1:20.36	___
7	Chinander, Brayden	12	WEST-MN	1:22.28	___
8	Toth, Daxtyn	13	WEST-MN	1:23.51	___
Heat 4 of 12 Finals Starts at 03:57 PM					
1	Friendshuh, Luke	12	BAC-MN	1:17.42	___
2	Burd, Cameron	12	WEST-MN	1:17.15	___
3	Hanberg, Sebastian	12	WEST-MN	1:16.45	___
4	Sereno, Andres	12	RSC-MN	1:15.80	___
5	Zielke, Hudson	12	HURR-MN	1:16.30	___
6	Larsen, Charlie	13	RSC-MN	1:16.78	___
7	Strege, Cam	14	SCSC-MN	1:17.18	___
8	Nord, Oliver	12	RSC-MN	1:18.00	___
Heat 5 of 12 Finals Starts at 03:58 PM					
1	Ries, Lucas	12	NEP-MN	1:14.92	___
2	Doverspike, Colin	12	SCSC-MN	1:13.70	___
3	Matlock, Oliver	12	PRNH-MN	1:13.46	___
4	Rasmussen, Gavin	14	WEST-MN	1:12.94	___
5	Lindell, Roshan	12	WEST-MN	1:13.20	___
6	Pottapu, Kashyap	14	HURR-MN	1:13.51	___
7	Jones, Avery	14	WEST-MN	1:14.78	___
8	McKimm, Leyton	12	RSC-MN	1:15.18	___
Heat 6 of 12 Finals Starts at 04:00 PM					
1	Rain, Ethan	14	WEST-MN	1:09.83	___
2	Renchin, Origal	13	HURR-MN	1:09.63	___
3	Foster, Will	13	SCSC-MN	1:08.66	___
4	Corris, Isaiah	14	PRNH-MN	1:07.83	___
5	Espeseth, Blake	13	RSC-MN	1:07.90	___
6	Havlicek, Carter	13	BLA-MN	1:09.45	___
7	Hunke, Charles	12	HURR-MN	1:09.69	___
8	Allshouse, Dylan	13	SCSC-MN	1:12.22	___

Heat 7 of 12 Finals Starts at 04:01 PM

1	Mornard, Asher	12	WEST-MN	1:07.56	___
2	Maki, Gavin	13	WEST-MN	1:07.05	___
3	Fischer, Wyatt	15	WEST-MN	1:06.18	___
4	Coleman, Cade	12	RSC-MN	1:05.76	___
5	Vaynberg, Michael	14	HURR-MN	1:05.97	___
6	Grovender, Thomas	13	HURR-MN	1:06.28	___
7	Schoenberger, Lucas	13	WEST-MN	1:07.20	___
8	Winskowski, Ian	12	HURR-MN	1:07.73	___

Heat 8 of 12 Finals Starts at 04:03 PM

1	Alarcon, Alex	14	HURR-MN	1:03.21	___
2	Kovic, Noah	17	WEST-MN	1:02.96	___
3	Beckler, Will	15	WEST-MN	1:02.17	___
4	Schneider, Owen	14	WEST-MN	1:01.99	___
5	Mathiason, Evan	12	SCSC-MN	1:02.03	___
6	Jolstad, Koen	13	HURR-MN	1:02.55	___
7	Arcilla, Luca	12	HURR-MN	1:03.16	___
8	Zeruhn, Pascal	13	SCSC-MN	1:05.30	___

Heat 9 of 12 Finals Starts at 04:04 PM

1	White, Collin	15	WEST-MN	1:00.12	___
2	Foy, Colin	15	HURR-MN	59.63	___
3	Gulati, Maitrey	13	WEST-MN	59.13	___
4	Holtan, Silas	16	PRNH-MN	58.19	___
5	Downing, Henry	16	PRNH-MN	58.59	___
6	Vega, Matias	16	RSC-MN	59.54	___
7	Coleman, Caleb	14	RSC-MN	59.96	___
8	Pleis, Connor	14	WEST-MN	1:00.37	___

Heat 10 of 12 Finals Starts at 04:06 PM

1	Lerch, Avery	13	SCSC-MN	57.96	___
2	Espinosa, Lucien	13	SCSC-MN	57.57	___
3	Lindeen, Sam	16	BLA-MN	57.40	___
4	Boorjian, Will	15	RSC-MN	55.32	___
5	Roy, Milo	16	PRNH-MN	56.42	___
6	Friendshuh, Alex	14	BLA-MN	57.43	___
7	Lee, Joshua	13	WEST-MN	57.94	___
8	Brennom, Noah	15	PRNH-MN	58.03	___

Heat 11 of 12 Finals Starts at 04:07 PM

1	Swanson, Noah	15	WEST-MN	55.29	___
2	Tollefson, Neil	17	RSC-MN	55.14	___
3	Schoenberger, Andon	15	WEST-MN	54.96	___
4	Robinson, Alex	17	RSC-MN	54.61	___
5	Guenin, Tyler	16	BLA-MN	54.67	___
6	Njeru, John	17	RSC-MN	55.11	___
7	Njeru, Paul	17	RSC-MN	55.18	___
8	Johnson, Carter	16	HTSC-MN	55.31	___

Heat 12 of 12 Finals Starts at 04:08 PM

1	Oberg, Eric	16	HTSC-MN	54.41	___
2	Beliveau, Dylan	16	WEST-MN	52.91	___
3	Argue, Simon	18	RSC-MN	51.82	___
4	Kvam, Sam	15	WEST-MN	50.78	___
5	Holm, Ethan	15	PRNH-MN	51.17	___
6	Gustafson, Nick	17	RSC-MN	51.91	___
7	McElwain, Grant	15	SCSC-MN	52.96	___
8	Vesterby, Joe	17	RSC-MN	54.46	___

2023 WEST Express Fall Invite - 11/11/2023 to 11/12/2023

Meet Program - Sunday Afternoon 12 & Over

Event 52 Girls 12 & Over 200 Yard Butterfly

32 Hougas, Bryson

M12 WEST-MN

NT ____

Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Finals Starts at 04:09 PM				
1	Schmidt, Nora	14	SCSC-MN	3:16.29 ____
2	Lindquist, Laiken	13	RSC-MN	2:56.21 ____
3	Schueth, Charlotte	14	PRNH-MN	2:41.07 ____
4	Biebl, Alaina	15	SCSC-MN	2:13.47 ____
5	Sanders, Neva	14	SCSC-MN	2:14.46 ____
6	Kissingner, Lauren	13	SCSC-MN	2:45.00 ____
7	Fedorova, Kate	12	SCSC-MN	2:57.65 ____
8				____

Event 53 Boys 12 & Over 200 Yard Butterfly

Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Finals Starts at 04:13 PM				
1	Lindeen, Sam	16	BLA-MN	3:01.05 ____
2	Biebl, Ryese	13	SCSC-MN	2:42.79 ____
3	Hirner, Nic	12	WEST-MN	2:25.22 ____
4	Beliveau, Dylan	16	WEST-MN	2:20.54 ____
5	Tollefson, Neil	17	RSC-MN	2:22.99 ____
6	Barnett, Mason	14	RSC-MN	2:36.99 ____
7	Larson, Colton	15	SCSC-MN	2:45.00 ____
8	Currie, Gabe	14	WEST-MN	NT ____

Event 54 Mixed 12 & Over 1000 Yard Freestyle

	Name	Age	Team	Seed Time
1	McCormick, Mary	W17	SCSC-MN	10:21.50 ____
2	Gustafson, Nick	M17	RSC-MN	10:47.81 ____
3	Guenin, Tyler	M16	BLA-MN	10:54.13 ____
4	Parker, Casey	M16	WEST-MN	10:54.73 ____
5	Swanson, Noah	M15	WEST-MN	11:00.84 ____
6	Burd, Ethan	M15	WEST-MN	11:14.32 ____
7	McElwain, Grant	M15	SCSC-MN	11:15.00 ____
8	Cockson, Max	M13	HURR-MN	11:20.16 ____
9	Sweetser, Kate	W17	RSC-MN	11:22.41 ____
10	Espinosa, Lucien	M13	SCSC-MN	11:28.21 ____
11	Vesterby, Joe	M17	RSC-MN	11:32.59 ____
12	Pana, Ayden	M15	WEST-MN	11:33.75 ____
13	Avery, Jackson	M14	SCSC-MN	11:40.00 ____
14	Polasky, Jacob	M12	SCSC-MN	11:45.36 ____
15	Miller, Parker	M13	SCSC-MN	11:53.00 ____
16	Huynh, Carson	M14	SCSC-MN	12:00.00 ____
17	Lerch, Avery	M13	SCSC-MN	12:15.00 ____
18	Tardia, Maika	W15	WEST-MN	12:15.51 ____
19	Schmidt, Leo	M14	SCSC-MN	12:25.00 ____
20	Fedorova, Marie	W14	SCSC-MN	12:27.99 ____
21	Bystrzycki, Lillian	W12	SCSC-MN	12:30.00 ____
22	Dell'Anna, Paolo	M14	SCSC-MN	12:37.00 ____
23	Kirchoff, Emily	W13	SCSC-MN	12:45.00 ____
24	Sorensen, Lucy	W14	SCSC-MN	12:45.00 ____
25	Bystrzycki, June	W14	SCSC-MN	12:45.00 ____
26	McElwain, Alex	M13	SCSC-MN	12:50.00 ____
27	Pool, Ally	W13	RSC-MN	12:57.99 ____
28	Schoenberger, Lucas	M13	WEST-MN	14:19.98 ____
29	Fitzgerald, Nicholas	M14	BLA-MN	NT ____
30	Melquist, Eli	M12	WEST-MN	NT ____
31	Fauzie, Oliver	M13	WEST-MN	NT ____