



WINDY CITY OPEN
Presented by
The Lake Forest Swim Club
JANUARY 6-7, 2024



Saturday, January 6
 Warm-up: 8:00am
 Meet Starts: 9:00am

WOMEN'S EVENT		MEN'S EVENT	
1 *	11/12 500 Free	2 *	9/10 200 Free
3	Sr 50 Free	4	Sr 100 Free
5	Mixed 8 & under 50 Free	8	9/10 50 Free
7	9/10 50 Free	10	11/12 100 Free
9	11/12 100 Free	12	Sr 50 Breast
11	Sr 100 Breast	Mixed 8 & under 25 Breast	
13	Mixed 8 & under 25 Breast	16	9/10 50 Breast
15	9/10 50 Breast	18	11/12 100 Breast
17	11/12 100 Breast	20	Sr 200 Breast
21	NO EVENT	22	Sr 50 Fly
23	Sr 100 Fly	Mixed 8 & under 25 Fly	
25	9/10 100 Fly	26	9/10 100 Fly
27	11/12 50 Fly	28	11/12 50 Fly
31	NO EVENT	30	Sr 200 Fly
33	Sr 50 Back	32	Sr 100 Back
35	Mixed 8 & under 50 Back	36	9/10 100 Back
37	9/10 100 Back	38	11/12 50 Back
39	11/12 50 Back	NO EVENT	
41 *	Sr 200 Back	42 *	11/12 200 IM
	9/10 200 IM		

Warm-up: TBD

Meet Starts: TBD

WOMEN'S EVENT		MEN'S EVENT	
43 *	Sr 400 IM	44 *	Sr 1000 Free

Sunday, January 7
 Warm-up: 8:00am
 Meet Starts: 9:00am

WOMEN'S EVENT		MEN'S EVENT	
45 *	9/10 200 Free	46 *	11/12 500 Free
47	Sr 100 Free	48	Sr 50 Free
49	Mixed 8 & under 25 Free	52	9/10 100 Free
51	9/10 100 Free	54	11/12 50 Free
53	11/12 50 Free	56	Sr 100 Breast
55	Sr 50 Breast	Mixed 8 & under 50 Breast	
57	Mixed 8 & under 50 Breast	60	9/10 100 Breast
59	9/10 100 Breast	62	11/12 50 Breast
61	11/12 50 Breast	64	Sr 100 Fly
63	Sr 200 Breast	NO EVENT	
65	Sr 50 Fly	Mixed 8 & under 50 Fly	
67	Mixed 8 & under 50 Fly	70	9/10 50 Fly
69	9/10 50 Fly	72	11/12 100 Fly
71	11/12 100 Fly	74	Sr 50 Back
73	Sr 200 Fly	NO EVENT	
75	Sr 100 Back	Mixed 8 & under 25 Back	
77	Mixed 8 & under 25 Back	80	9/10 50 Back
79	9/10 50 Back	82	11/12 100 Back
81	11/12 100 Back	84	Sr 200 Back
85	NO EVENT	86	9/10 200 IM
	11/12 200 IM		

Warm-up: TBD

Meet Starts: TBD

WOMEN'S EVENT		MEN'S EVENT	
87 *	Sr 1000 Free	88 *	Sr 400 IM

* This event MAY be limited to 3 heats. Please check the LFSC website www.swimlfsc.org after December 30, 2023 to verify heat limitations. All swimmers entered in the 1000 free and the 400 IM *must* provide a seed time and lane timer. A seed time is required for the 9/10 200 free and the 11/12 500 free.