



## 2024 MN PRNH Winter Whiteout PIRANHAS SWIM CLUB

February 10-11, 2024

**Sanction Number:** MN24W-01-135YA

**Held under the sanction of USA Swimming.**

It is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

It is further understood and agreed that Minnesota Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

<b>Meet Director:</b>	Chris Schmitz - <a href="mailto:chris.schmitz@piranhaswimclub.org">chris.schmitz@piranhaswimclub.org</a> - (612) 756-6492
<b>Meet Officials</b>	Meet Referee: Mike Burkstrand Admin Referee or Admin Official: TBD Deck Referee: TBD Starter: TBD Stroke & Turn Officials: TBD, TBD
<b>Inquiries</b>	Chris Schmitz - <a href="mailto:chris.schmitz@piranhaswimclub.org">chris.schmitz@piranhaswimclub.org</a> - (612) 756-6492
<b>Emergency Phone:</b>	Chris Schmitz - (612) 756-6492
<b>Meet Type:</b>	This is an invitational short course approved meet. All athletes are eligible to participate
<b>Teams Invited:</b>	PRNH, BLA, SEMS, HAST, SHRK, LSSC, and any other teams as space permits. Teams will comply with the current state, local, health and USA Swimming guidelines available on the meet date and should meet or exceed all requirements in their facility during the meet.
<b>Fees:</b>	\$10 fee per athlete and \$7.50 per individual event (includes \$2.10 MSI fee).
<b>Time Schedule:</b>	Morning Session - Warm-up: 7:30 am, Meet Start: 8:30 am Afternoon Session: Will not start before 12:30 pm following a 60 minute warm-up
<b>Awards, Prizes and Scoring:</b>	No Awards

**Programs:** Programs will be available via Meet Mobile and as a PDF on host website.

**Amenities:** The concession stand will be open to spectators. Camping will be permitted in the cafeteria.

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## **FACILITY/LOCATION**

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**Meet Location:** Richfield Middle School Pool, 7461 Oliver Ave. S., Richfield, MN 55423

**Directions:** 1. From 35W going south: Take 76th street Exit, head West, turn right on Morgan Ave., turn left on 75th street. 2. From 494: Take Penn Ave exit, head North, turn Right on 75th Street and go two blocks towards school

Note: Pool is on far east side of building

**Facility:** 8 lanes, 25 yard indoor pool with lanelines and backstroke pennants. Slanted Starting blocks are 28.5 inches above the water surface.

**Water depth:** The minimum water depth, measured in accordance with Article 103.2.3 is 13 ft at the start end and 4.5 ft at the turn end.

**Course certification:** The competition course has NOT been certified in accordance to 104.2.2C(4).

**Medical Supervision:** AED and First Aid kit available on site

**Other:** Please park in designated areas. Do not park in the church parking lot across the street. Do not park on 75th street. Do not park in the fire lanes at the middle school. Failure to comply may result in vehicles being towed at the owner's expense.

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## **ENTRIES**

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**Entries To:** Chris Schmitz - [chris.schmitz@piranhaswimclub.org](mailto:chris.schmitz@piranhaswimclub.org) - (612) 756-6492

**Form of Entries:** Email entries only

**Entry Start Date:** Entries will be accepted beginning at noon on Wednesday, January 10, 2024

**Entry Close Date:** Entries will close at Insert specific time 8PM on Thursday, February 1, 2024. This is the final date that entries will be accepted for the meet.

**Entry Limitations:** Age of a swimmer is determined by their age on the first day of the meet. A swimmer may compete in a maximum of 3 individual events per day for AM sessions and 4 individual events per day for PM Sessions. Seed times must be in yards.

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## **ELIGIBILITY / ATHLETES**

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**Eligibility:** All USA Swimming registered and AAU swimmers are eligible. NT's will be accepted

**Racing start Certification:** Any USA Swimming registered swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**USA Swimming  
Membership Required  
unless swimming as a  
registered AAU Member:**

No swimmer will be permitted to compete unless the swimmer is a member as Provided in Article 302 of USA Swimming Rules or is swimming as an AAU registered swimmer. All coaches must be current members as provided in Article 302 of USA Swimming Rules. Any club or individual entering a non-USA Swimming registered swimmer will be subject to a \$100 fine per event per swimmer.

**Swimmers without  
A Coach Present:**

USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition and warm-down. The Meet Director or Meet Referee shall assist the athlete in making arrangements for such supervision.

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**MEET ADMINISTRATION, CONDUCT**

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**Coach's Meeting:**

Will take place on a regular basis at the discretion of the referee.

**Deck Access - Coach  
& Official check-in:**

Due to USA Swimming insurance, only athletes, working coaches or officials, authorized meet volunteers and facility personnel are allowed on deck. All others must remain off the pool deck unless timing for an event in which swimmers must provide their own timer.

- ❖ Coaches must check in [Use this space to explain how your check-in will occur, where your check-in will take place, the start time of your check-in and what you will use for identification purposes.] The required check in sheets will be available and we will cross reference with the app and the current printed spreadsheets with names and qualifications. The non-athlete membership and required certification expiration dates must be valid for the duration of the meet.
- ❖ Working officials must check-in with the Referee (or designee) [Use this space to explain how your check-in will occur, where your check-in will take place, the start time of your check-in and what you will use for identification purposes.] The required check in sheets will be available and we will cross reference with the app and the current printed spreadsheets with names and qualifications. The non-athlete membership and required certification expiration dates must be valid for the duration of the meet.

All working coaches or officials, and any other person required by sanction to be members of USA Swimming shall visibly display the valid membership credential for the meet at all times.

The Referee and/or Meet Director(s) (or their designees) reserve the right to ask a working coach or official for proof of their active membership during the meet, and/or deny deck access if a working coach or official does not comply or any membership requirement is no longer valid.

**Safe Sport:**

- The USA Swimming Safe Sport program is USA Swimming's comprehensive abuse prevention program dedicated to creating a healthy and positive environment free from abuse for all its members. Components of the program include, but are not limited to, providing education and training, enforcing policies (such as the Minor Athlete Abuse Prevention Policy), rules and best practice guidelines, promoting healthy boundaries and mandatory reporting of violations.
- The Minor Athlete Abuse Prevention Policy ([www.usaswimming.org/maapp](http://www.usaswimming.org/maapp)) prohibits Adult Participants (as defined) from having one-on-one interactions with minor athletes

which are not within an observable and interruptible distance from another adult participant. Adult Participants are required to abide by this policy in full during this meet.

- Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 833-5US-SAFE (833-587-7233) or online at [www.uscenterforsafesport.org/report-a-concern](http://www.uscenterforsafesport.org/report-a-concern). Various state laws may also require reporting to law enforcement or to a designated child protection agency.

- For information on how to report other alleged violations, including without limitation, the USA Swimming Code of Conduct and the Minor Athlete Abuse Prevention Policy, please visit [www.usaswimming.org/report](http://www.usaswimming.org/report).

- All athletes age 18 and older must complete Athlete Protection Training in order to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or after Feb 10, 2024 who has not completed Athlete Protection Training by the **first** day of competition, will be prohibited from participating in the competition until such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or after Feb 10, 2024, who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay.

#### **Warm-up:**

Current MNSI and USA Swimming Rules will govern all aspects of the warm-ups. If warmup procedures have been modified to accommodate the size of the meet, the procedures **MUST** be prominently posted in the pool area.

Swimmers and coaches are expected to be acquainted with all rules and regulations; the NO Diving and Slip-In Entry rules will be strictly enforced.

Violation of MNSI Meet Warm-up Policy (Policy #250) will result in the offending swimmer being barred from his/her next individual event in the meet.

#### **Rules and Regulations:**

All information, rules and regulations including time standards, schedules, order of events, meet operations, and requirements will be in accordance with Minnesota Swimming Inc. policies, rules and regulations and USA Swimming Rules and Regulations current edition, and take precedence over any errors or omissions on this form.

All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

#### **Changes to the Meet Information:**

Any changes to the meet information will be discussed, reviewed and voted on at the coaches meeting held each morning before the beginning of the first session of the day. Changes must be approved by a 100% vote of coaches in attendance at the appointed meeting.

#### **Prohibited:**

- ✓ **Deck changing: Deck changes are prohibited.**
- ✓ **Use of audio or visual recording devices** including a cell phone, is not permitted in changing areas, rest rooms, locker rooms nor behind the blocks at either the start of the race or as swimmers exit the pool.

- ✓ **Operations of a drone or any other flying apparatus** is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

**Distance Events:** Heats for distance events may be combined across gender at the Meet Referee's discretion. Minnesota Scratch rules will be in effect.

**Time Trials:** Time trials will NOT be offered at this meet.

**Open Lane Swims:** The MNSI "Open Lane Swim" procedure will be available at this meet. The open lane fee is \$10.00. Sign-up is on a first come basis at the timing table. Swimmers must be registered in the swim meet in order to have the opportunity to participate in Open Lane Swims. In the event of a missed heat, the Referee will determine if the missed swim may occur and how it is conducted. Swimmers may swim events for which they have no times. Swimmers may not exceed the event limit of 4 events including Open Lane Swims. Swimmers may scratch an event in order to swim on Open Lane Swim to stay within the entry limit. No refunds will be given for scratched events.

**Time Standards:** No Senior time standards will be used for this meet.

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## **ORDER OF EVENTS**

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<b>Saturday AM</b>	<b>Sunday AM</b>
1 Girls 12 & Under 100 Freestyle	30 Girls 12 & Under 50 Freestyle
2 Boys 12 & Under 100 Freestyle	31 Boys 12 & Under 50 Freestyle
3 Girls 9-12 100 Breaststroke	32 Girls 9-12 200 IM
4 Boys 9-12 100 Breaststroke	33 Boys 9-12 200 IM
5 Girls 12 & Under 50 Breaststroke	34 Girls 12 & Under 100 IM
6 Boys 12 & Under 50 Breaststroke	35 Boys 12 & Under 100 IM
7 Girls 11-12 200 Backstroke	36 Girls 11-12 200 Butterfly
8 Boys 11-12 200 Backstroke	37 Boys 11-12 200 Butterfly
9 Girls 12 & Under 50 Butterfly	38 Girls 12 & Under 50 Backstroke
10 Boys 12 & Under 50 Butterfly	39 Boys 12 & Under 50 Backstroke
11 Girls 9-12 100 Butterfly	40 Girls 11-12 200 Breaststroke
12 Boys 9-12 100 Butterfly	41 Boys 11-12 200 Breaststroke
13 Girls 12 & Under 200 Freestyle	42 Girls 12 & Under 100 Backstroke
14 Boys 12 & Under 200 Freestyle	43 Boys 12 & Under 100 Backstroke
15 Mixed 12 & Under 400 IM	44 Girls 9-12 500 Freestyle
	45 Boys 9-12 500 Freestyle
<b>Saturday PM</b>	<b>Sunday PM</b>
16 Girls 13 & Over 50 Freestyle	46 Girls 13 & Over 200 IM
17 Boys 13 & Over 50 Freestyle	47 Boys 13 & Over 200 IM
18 Girls 13 & Over 400 IM	48 Girls 13 & Over 100 Breaststroke
19 Boys 13 & Over 400 IM	49 Boys 13 & Over 100 Breaststroke
20 Girls 13 & Over 100 Backstroke	50 Girls 13 & Over 200 Butterfly
21 Boys 13 & Over 100 Backstroke	51 Boys 13 & Over 200 Butterfly
22 Girls 13 & Over 200 Freestyle	52 Girls 13 & Over 100 Freestyle
23 Boys 13 & Over 200 Freestyle	53 Boys 13 & Over 100 Freestyle
24 Girls 13 & Over 100 Butterfly	54 Girls 13 & Over 200 Backstroke
25 Boys 13 & Over 100 Butterfly	55 Boys 13 & Over 200 Backstroke
26 Girls 13 & Over 200 Breaststroke	56 Girls 13 & Over 1650 Freestyle
27 Boys 13 & Over 200 Breaststroke	57 Boys 13 & Over 1650 Freestyle
28 Girls 13 & Over 500 Freestyle	
29 Boys 13 & Over 500 Freestyle	

Meet Calculation Form

**2024 MN PRNH Winter Whiteout  
PIRANHAS SWIM CLUB  
February 10-11, 2024**

Sanction Number: MN24W-01-135YA

Entering Club's Name: \_\_\_\_\_ Club Code \_\_\_\_\_

Coach: \_\_\_\_\_ Phone # \_\_\_\_\_

Entries Person: \_\_\_\_\_ Phone # \_\_\_\_\_

**Entry Data Costs:**

\_\_\_\_\_ Total # swimmers x Flat Fee of \$ 10.00 = \$ \_\_\_\_\_ # of boys \_\_\_\_\_ # of girls \_\_\_\_\_

\_\_\_\_\_ Total Splashes x \$ 7.50 = \$ \_\_\_\_\_ # of boys \_\_\_\_\_ # of girls \_\_\_\_\_

**Total Due = \$ \_\_\_\_\_**

**Make checks payable to: Piranhas Swim Club. All fees are due at the start of the AM Session.**

**E-Mail results to:** Name \_\_\_\_\_

Email Address \_\_\_\_\_

The undersigned team representative certifies by his/her signature that all athletes participating in this meet are currently registered athlete members of USA Swimming, Inc. The undersigned further certifies that any person appearing on deck in this meet in the capacity of coach is currently a coach member of USA Swimming, Inc.

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**Who should we contact if there is a problem with your entry file?**

Name \_\_\_\_\_

Phone: Day \_\_\_\_\_ Night \_\_\_\_\_

Email Address: \_\_\_\_\_